

30.
Apr 2025

Entspannungsabende in der Natur mit Silvia

🕒 Wednesday 18:00 o'clock

Leave everyday life behind you and return to your inner center.

Guest Cards



Brandnertal, Bludenz, Klostertal Guest Card

Description

Leave everyday life behind you and return to your inner center.

Experience a place of peace and serenity. Surrounded by the silence of nature and the calming aura of the horses, I offer you space for a time-out full of relaxation and recuperation. With mediation, progressive muscle relaxation and fantasy journeys, you can calm your senses, reduce stress and recharge your batteries.

Period: 30.04. - 04.06.2025

Weekday: Wednesday

Duration: approx. 1 h

Price: € 20.00 per person with guest card, € 25.00 per person without guest card

Equipment: Come in comfortable clothing, bring your favorite pillow and a soft blanket.

Note: The relaxation session only takes place in good weather. The horses are located nearby, but in a separate area. Participation is therefore possible for everyone, even without direct contact with the horses.

Registration: by 12:00 on the same day, with Silvia Plangg: T +43 664 111 7631

Translated with DeepL.com (free version)

Guest card services



Venue

Stallehr

[+43 664 11 17 631](tel:+436641117631)

office@silvia-pferdecoaching.com



Organizer

Pferdegestütztes Coaching

[+43 664 11 17 631](tel:+436641117631)

office@silvia-pferdecoaching.com

further dates

date	time
30.04.2025	18:00 o'clock
07.05.2025	18:00 o'clock
14.05.2025	18:00 o'clock
21.05.2025	18:00 o'clock
28.05.2025	18:00 o'clock
04.06.2025	18:00 o'clock