

16.  
Jun 2025

# Guided hike

🕒 Monday 9:00 o'clock

Discover the mountains in Damüls and its surroundings!

## Description

Hike together with Verena Bischof through a Sennalpe and a Jungviealpe. In addition to the difference between their alps, you will learn interesting facts about chees production and the labour-intensive life on the alp, wich is filled with love and passion. Experience sausages, traditional mountain chees, the magnificent view of the mountians and Verna's knowledge of herbs.

**Dates:** every Monday from 11th of July until the 1st of September

**Provider:** Local hiking guide Verena Bischof

**Duration:** approx. 5 hours

**Walking time:** depending on the tour approx. 2.5 hours

**Altitude difference:** approx. 230meters ascent and 240 meters descent

**Meeting point:** 09:00 am at the tourist office Damüls

**Costs:** For guests from BERGaktiv member companies free of charge, for children up to 15 years € 5,-, otherwise € 18,- per person. The journey with trains and buses costs extra! The Bregenzerwald and Großes Walsertal guest-card is valid on the trams and buses.

**Registration:** Until the day before 17.00 o'clock at Damüls Faschina Tourismus (+43 5510 620) or until 20.00 o'clock online under [www.grosseswalsertal.at/bergaktiv](http://www.grosseswalsertal.at/bergaktiv)

**Tour:** is left to the hiking guide

**Equipment:** shoes with treaded soles, backpack with min. 1 L liquid, sun or rain protection and telescopic poles (if available).



## Venue

### Treffpunkt: Damüls Faschina Tourismus

Damüls 138  
6884 Damüls  
(0043) 5510 620  
[info@damuels.at](mailto:info@damuels.at)  
<http://www.damuels.at> ↗



## Organizer

### BERGaktiv Großes Walsertal

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<http://www.grosseswalsertal.at/bergaktiv> ↗

## further dates

date	time
16.06.2025	09:00 o'clock
23.06.2025	09:00 o'clock
30.06.2025	09:00 o'clock
07.07.2025	09:00 o'clock
14.07.2025	09:00 o'clock
21.07.2025	09:00 o'clock
28.07.2025	09:00 o'clock
04.08.2025	09:00 o'clock
11.08.2025	09:00 o'clock
18.08.2025	09:00 o'clock